



TAGORE MEDICAL COLLEGE & HOSPITAL

Rathinamangalam, Melakkottaiyur Post, Chennai - 600127.

Phone : 044-30101111, Fax : 044-222 5555, Email: tagoremch@gmail.com



(Affiliated to the Tamil Nadu Dr.MGR Medical University & Recognized by the Ministry of Health & Family welfare. Govt. of India New Delhi)

Ref: 03/GRC/TMCH/2024

04.04.24

CIRCULAR

This is to inform that the Grievance Redressal Committee meeting will be held on 09.04.24 at 2 PM in the Conference Hall. All the Committee members are requested to attend without fail.

DEAN


DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

Copy to:

Medical superintendent

HODs of all departments

Grievance Redressal Committee members

Student representatives



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Ref: 02/GRC/TMCH/2024

08.03.24

CIRCULAR

This is to inform that the Grievance Redressal Committee meeting will be held on 15.03.24at

2 PM in the Conference Hall. All the Committee members are requested to attend without fail.

DEAN


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Ref:01/GRC/TMCH/2024

27.12.23

CIRCULAR

This is to inform that the Grievance Redressal Committee meeting will be held on 05.01.24 at 12 PM in the Conference Hall. All the Committee members are requested to attend without fail.

DEAN


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Ref:07/GRC/TMCH/2023

30.10.23

CIRCULAR

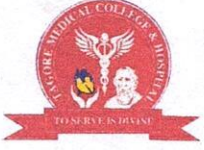
This is to inform that the Grievance Redressal Committee meeting will be held on 03.11.23 at 12 PM in the Conference Hall. All the Committee members are requested to attend without fail.

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Ref:4/GRC/TMCH/2023

02.08.23

CIRCULAR

This is to inform that the Grievance Redressal Committee meeting will be held on 08.08.23 at 12 PM in the Conference Hall. All the Committee members are requested to attend without fail.

DEAN

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Ref:31/ARC/TMCH/202429.05.24

CIRCULAR

This is to inform that the Antiragging committee meeting will be held on 05.06.24 at 2 PM in the MEU room. All the Committee members are requested to attend without fail.

DEAN

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Ref:11/ARC/TMCH/202425.04.24

CIRCULAR

This is to inform that the Antiragging committee meeting will be held on 02.05.24 at 2 PM in the MEU room. All the Committee members are requested to attend without fail.

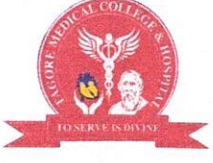
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Ref:41/ARC/TMCH/202427.03.24

CIRCULAR

This is to inform that the Antiragging committee meeting will be held on 03.04.24 at 2 PM in the MEU room. All the Committee members are requested to attend without fail.

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Ref:64/ARC/TMCH/202426.02.24

CIRCULAR

This is to inform that the Antiragging committee meeting will be held on 04.03.24 at 2 PM in the MEU room. All the Committee members are requested to attend without fail.

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Ref:01/ARC/TMCH/202425.1.24

CIRCULAR

This is to inform that the Antiragging committee meeting will be held on 02.02.24 at 2 PM in the MEU room. All the Committee members are requested to attend without fail.

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Ref:23/ARC/TMCH/2023

27.12.23

CIRCULAR

This is to inform that the Antiragging committee meeting will be held on 02.01.24 at 2 PM in the MEU room. All the Committee members are requested to attend without fail.

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Ref:55/ARC/TMCH/202327.11.23

CIRCULAR

This is to inform that the Antiragging committee meeting will be held on 04.12.23 at 2 PM in the MEU room. All the Committee members are requested to attend without fail.

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Ref:50/ARC/TMCH/202426.10.23

CIRCULAR

This is to inform that the Antiragging committee meeting will be held on 01.11.23at 2 PM in the MEU room. All the Committee members are requested to attend without fail.

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Ref:47 /ARC/TMCH/202428.09.23

CIRCULAR

This is to inform that the Antiragging committee meeting will be held on 10.10.23 at 12 PM in the MEU room. All the Committee members are requested to attend without fail.

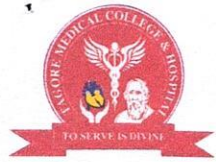
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Ref:36/ARC/TMCH/202431.08.23

CIRCULAR

This is to inform that the Antiragging committee meeting will be held on 09.09.23 at 2 PM in the MEU room. All the Committee members are requested to attend without fail.

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Ref:23/ARC/TMCH/202328.07.23

CIRCULAR

This is to inform that the Anti-ragging committee meeting will be held on 04.08.23 at 2 PM in the MEU room. All the Committee members are requested to attend without fail.

DEAN

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INTERNAL COMPLAINT COMMITTEE

Ref No: TMCH/ICC/2024/

08.07.2024

CIRCULAR

The Internal Complaints Committee meeting will be held on 10.07.2024 (Wednesday) at 2.30 PM in the ICC Room Ground Floor, TMCH.

All committee members are requested to attend the meeting without fail.

Agenda:

Looking into complaints (if any)

Planning sensitization Program for new IMBBS 2024-2025 batch

Discussion about website update

S. Subramanian
Convenor

[Signature]
Dean
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INTERNAL COMPLAINT COMMITTEE

Ref No: TMCH/ICC/2024/

12.06.2024

CIRCULAR

The Internal Complaints Committee meeting will be held on 13.06.2024 (Thursday) at 2.30 PM in the ICC Room Ground Floor, TMCH.

All committee members are requested to attend the meeting without fail.

Agenda:

Looking into complaints (if any)

Planning sensitization Program for new IMBBS 2024-2025 batch

S. Subanalarani
Convenor

[Signature]
Dean
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INTERNAL COMPLAINT COMMITTEE

Ref No: TMCH/ICC/2024/10

07.05.2024

CIRCULAR

The Internal Complaints Committee meeting will be held on 08.05.2024 (Wednesday) at 2.00 PM in the ICC Room Ground Floor, TMCH.

All committee members are requested to attend the meeting without fail.

Agenda:

Looking into complaints (if any)

Feedback of programme held last month for IMBBS 2023-2024 batch

S. Subanaleri
Convenor

Immanurthy
Dean
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INTERNAL COMPLAINT COMMITTEE

Ref No: TMCH/ICC/2024/

08.04.2024

CIRCULAR

The Internal Complaints Committee meeting will be held on 08.04.2024 (Monday) at 2.30 PM in the ICC Room Ground Floor, TMCH.

All committee members are requested to attend the meeting without fail.

Agenda:

- Looking into complaints (if any)
- Details of programme to be held this year

S. Subashini
Convenor

Immanurthy

Dean DEAN *h.c.*
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INTERNAL COMPLAINT COMMITTEE

Ref No: TMCH/ICC/2024/

11.03.2024


CIRCULAR


The Internal Complaints Committee meeting will be held on 13.03.2024 (Wednesday) at 2PM in the ICC Room Ground Floor, TMCH.

All committee members are requested to attend the meeting without fail.

Agenda:

- Looking into complaints (if any)
- Details of programme to be held this year


Convenor 11/03/2024
(Dr. S. SUBA MALANI)


Dean DEAN 11/3
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INTERNAL COMPLAINT COMMITTEE

Ref No: TMCH/ICC/2024/59

05.02.2024

CIRCULAR

The Internal Complaints Committee meeting will be held on 08.02.2024 (Thursday) at 2PM in the ICC Room Ground Floor, TMCH.

All committee members are requested to attend the meeting without fail.

Agenda:

- Looking into complaints (if any)
- Details of programme to be held this year

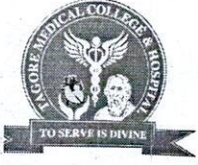
Convenor

S. Subanalai
05/02/2024

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DEAN

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INTERNAL COMPLAINTS COMMITTEE

Ref No: TMCH/ICC/2024/58

06.01.2024

CIRCULAR

The Internal Complaints Committee meeting will be held on 09.01.2024 Tuesday at 2PM in the MEU Room, TMCH.

All committee members are requested to attend the meeting without fail.

Agenda:

- Looking into complaints (if any)
- Details of programme to be held this year
- Action plan for the year 2024

S. S. Sankaranarayanan
Convenor

[Signature]
Dean

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INTERNAL COMPLAINTS AND PREVENTION OF GENDER HARASSMENT

COMMITTEE

Ref No: TMCH/ICC/2023/57

08.11.2023

CIRCULAR

The Internal Complaints & Prevention of Gender Harassment Committee meeting will be held on 09.11.2023 at 2PM in the MEU Room, TMCH.


All committee members are requested to attend the meeting without fail.

Agenda:

Looking into complaints (if any)

Details of programme to be held this month


Convenor


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Ref:5/GRC/TMCH/2023

21.08.23

CIRCULAR

This is to inform that the Awareness programme about grievance redressal committee for MBBS UG students will be held on 25.08.23 at 12 PM in the Conference Hall. All the Committee members are requested to attend without fail.

DEAN

[Signature]
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Proceedings of the awareness programme about grievance redressal committee for MBBS UG students held on 25.08.2023

Awareness programme about grievance redressal committee for MBBS UG students of about 150 members were attended. All the members of the committee are introduced, the standard operative procedure of grievance redressal committee were discussed to the participants. Doubts regarding the committee were clarified.

Designation and Department	Position
Dean Dr.J.Muthukumaran	Chairman
Medical Superintendent Dr.Karunanidhi	Co-ordinator
Vice Principal Dr.D.H.Gopalan	Member
Adviser Dr.Ravindran.K	Member
Professor & HOD, Dept of OBG Dr. P.B. Premalatha	Member
Professor & HOD, Dept of Pediatrics Dr.T.Ravichandan	Member
Administrative Officer Mr.P.Venkadakrishnan	Member
HR Mr.Dilli babu	Member


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EVENT REPORT

Name/Title of the program	Awareness programme about grievance redressal committee for MBBS UG students	
Date and Time	25/08/2023	12.00PM – 1:00 PM
Venue	Conference Hall, 4 th floor, hospital Tagore medical college and hospital	
Target audience/Stakeholder	MBBS-UG students	
Number of Participants	150	
Program/Event Organized by	Grievance redressal committee, Tagore medical college and hospital	
Objective of the Program	To provide awareness regarding grievance redressal committee, all the committee members were introduced, standard operating procedure of the committee explained.	


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Awareness programme about Grievance Redressal committee for undergraduates-25.8.23 by Prof. Dr. Premalatha




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Ref:6/GRC/TMCH/2023

18.09.23

CIRCULAR

This is to inform that the Induction day programme about grievance redressal committee for newly joined non teaching staff will be held on 24.09.23 at 12 PM in the Conference Hall. All the Committee members are requested to attend without fail.

DEAN


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TAGORE MEDICAL COLLEGE & HOSPITAL
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Chennai-600 127.

Copy to :

Medical superintendent

HODs of all departments

Grievance Redressal Committee members

Student representatives


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Proceedings of the induction day programme about grievance redressal committee for newly joined sisters held on 24.09.2023

Induction day programme about grievance redressal committee for newly joined sisters staffs 30 members were attended. All the members of the committee are introduced, the standard operative procedure of grievance redressal committee were discussed to the participants. Doubts regarding the committee were clarified.

Designation and Department	Position
Dean Dr.J.Muthukumaran	Chairman
Medical Superintendent Dr.Jayakumar	Co-ordinator
Vice Principal Dr.D.H.Gopalan	Member
Adviser Dr.Ravindran.K	Member
Professor & HOD, Dept of OBG Dr. P.B. Premalatha	Member
Professor & HOD, Dept of Pediatrics Dr.T.Ravichandan	Member
Administrative Officer Mr.P.Venkadakrishnan	Member
HR Mr.Dilli babu	Member


DEAN

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EVENT REPORT

Name/Title of the program	Induction day programme about grievance redressal committee for newly joined sisters	
Date and Time	24/09/2023	12.00PM – 1:00 PM
Venue	Conference Hall, 4 th floor, hospital Tagore medical college and hospital	
Target audience/Stakeholder	Newly joined sisters	
Number of Participants	30	
Program/Event Organized by	Grievance redressal committee, Tagore medical college and hospital	
Objective of the Program	To provide knowledge regarding grievance redressal committee, all the committee members were introduced, standard operating procedure of the committee explained.	

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Awareness programme about Grievance Redressal committee for non teaching staff- 24.9.23 by Prof. Dr. Premalatha



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Ref:8/GRC/TMCH/2023

20.11.23

CIRCULAR

This is to inform that induction day programme about grievance redressal committee for post graduate students will be held on 25.11.23 at 12 PM in the Conference Hall. All the Committee members are requested to attend without fail.

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Chennai-600 127.

Copy to :

Medical superintendent

HODs of all departments

Grievance Redressal Committee members

Student representatives


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Proceedings of the induction day programme about grievance redressal committee for PG students held on 25.11.2023

Induction day programme about grievance redressal committee for PG students about 50 members attended the meeting. All the members of the committee are introduced, the standard operative procedure of grievance redressal committee were discussed to the participants. Doubts regarding the committee were clarified.

Designation and Department	Position
Dean Dr.J.Muthukumaran	Chairman
Medical Superintendent Dr.Jayakumar	Co-ordinator
Vice Principal Dr.D.H.Gopalan	Member
Adviser Dr.Ravindran.K	Member
Professor & HOD, Dept of OBG Dr. P.B. Premalatha	Member
Professor & HOD, Dept of Pediatrics Dr.T.Ravichandan	Member
Administrative Officer Mr.P.Venkadakrishnan	Member
HR Mr.Dilli babu	Member


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EVENT REPORT

Name/Title of the program	Induction day programme about grievance redressal committee for PG students	
Date and Time	25/11/2023	12.00PM – 1:00 PM
Venue	Conference Hall, 4 th floor, hospital Tagore medical college and hospital	
Target audience/Stakeholder	PG students	
Number of Participants	50	
Program/Event Organized by	Grievance redressal committee, Tagore medical college and hospital	
Objective of the Program	To provide knowledge regarding grievance redressal committee, all the committee members were introduced, standard operating procedure of the committee explained.	


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Awareness programme about Grievance Redressal committee for Post graduate students- 25.11.23



Dean
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EVENT REPORT

Name/Title of the program	DRUG AWARENESS AND ANTI RAGGING AWARENESS	
Date and Time	21/03/2024	1:30PM – 2.30PM
Venue	Lecture Hall 3 , Second floor, College block Tagore medical college and hospital	
Target audience/Stakeholder	Second year MBBS students	
Number of Participants	95	
Program/Event Organized by	Department of Psychiatry, Tagore medical college and hospital	
Objective of the Program	To provide information about dependence and addiction, consequences of abuse, both medical and legal. To explain to the students about ragging, the negative effects of ragging and the consequences for the same.	


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Detailed report of the program

The lecture was given by Dr. Prem Kumar, Associate Professor and HOD, Department of Psychiatry, Tagore Medical College and Hospital. The target audience were second year MBBS students of our institution. The program began at around 1:40 PM.

The presentation commenced by highlighting the importance of recognizing drug dependence, underscoring its growing prevalence, particularly among adolescents and young adults. It delved into the criteria for dependence and harmful use while elucidating on various types of abused substances. Furthermore, the speaker addressed the repercussions of drug dependence, including medical and psychiatric issues stemming from substance abuse, along with the legal ramifications. The session concluded by outlining the array of treatment choices accessible for addressing drug misuse and dependence.

The event was also organized to raise awareness about ragging and anti-ragging measures, emphasizing the importance of understanding the laws pertaining to ragging in the country and its detrimental effects on students. This initiative aimed to educate students about the legal implications of ragging and promote a safe and respectful learning environment. The event served as a platform to engage the educational community in fostering a culture of zero-tolerance towards ragging and ensuring the well-being of all individuals on campus.


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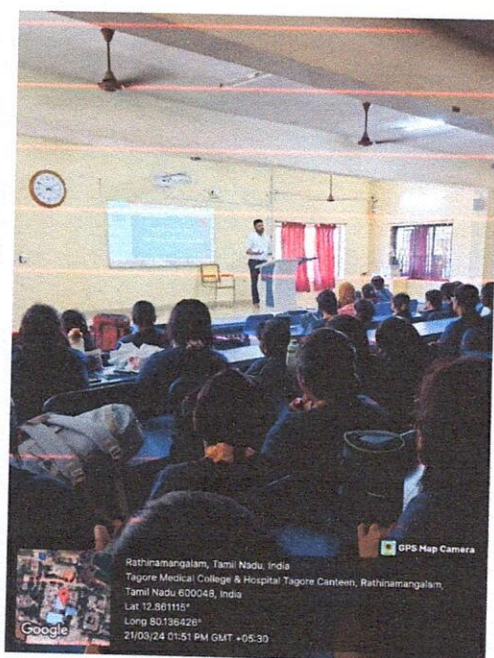
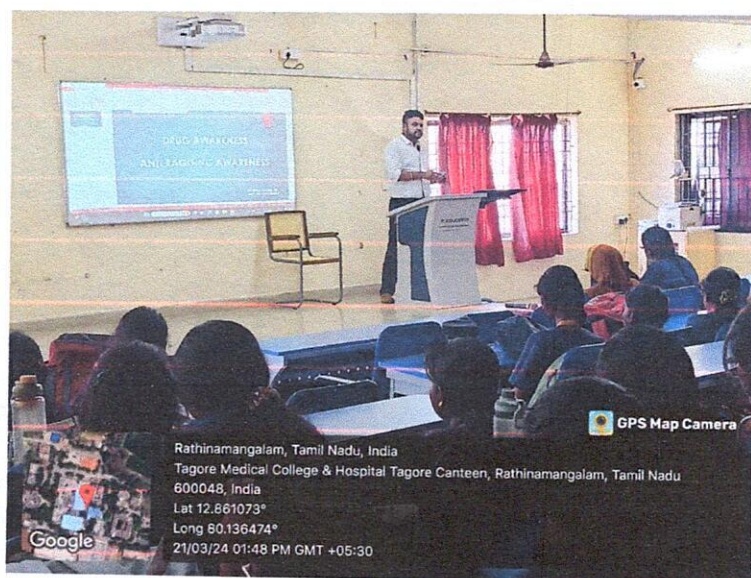
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DRUG AWARENESS AND ANTI RAGGING AWARENESS – 21.03.2024



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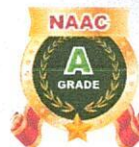
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Dr.Prem Kumar , Associate Professor and Head of the department	Prof Dr.J. Muthukumaran, Dean
Organizing Secretary	Head of the institution


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Vandalur - Kelambakkam Road, Rathinamangalam, Chennai - 600127.

INTERNAL COMPLAINTS COMMITTEE

cordially invites faculty members and students for the programme on

“SCRUBS & STRIKES: A SELF DEFENCE FOR MEDICAL STUDENTS”



24th April 2024

(Wednesday, 01.30 am to 03.15 pm)

@ Lecture Hall 1

GUEST SPEAKER & TRAINER



Dr. MYTHRI JAIN

Blue Belt Trainer – Kung Fu,
Consultant Physiotherapist,
Instructor of Self Defence in Saveetha University

CHIEF PATRONS



Prof. Dr. M. MALA

M.A., M.Phil., Ph.D.
Chairperson & Managing Trustee,
Tagore Educational Trust



Mr. G. MANIKANDAN

Secretary,
Tagore Educational Trust,
V.H.P., All India Trustee

PATRONS

Prof. Dr. J. MUTHUKUMARAN

M.S., M.Ch.
Dean, TMCH

Prof. Dr. B. JAYAKUMAR

M.S.
Medical Superintendent, TMCH

Prof. Dr. D.H. GOPALAN

M.S., Ph.D., ACME.
Vice Principal,
IQAC Coordinator, TMCH

Dr. S. SUBAMALANI

Convenor, Internal Complaints Committee,
Associate Professor, Department of Physiology, TMCH

Dr. M. VANEAN

Organizing secretary & Member, Internal Complaints Committee,
Professor, Department of Anatomy, TMCH
Chennai-600 127.



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PROGRAM / EVENT REPORT	
Name of the program	"SCRUBS & STRIKES: A SELF DEFENCE FOR MEDICAL STUDENTS"
Date and Time	24/04//2024 1:30 to 3:15 PM
Venue	Lecture Hall -I
Target audience	I MBBS 2023-2024 BATCH
Number of Participants	150 Students
Program Organised by	Internal Complaints Committee
Resource person	Dr. Mythri Jain Blue Belt Trainer in Kung Fu, Consultant Physiotherapist, Instructor of Self Defence at SIMATS,
Objective of the Program	<ol style="list-style-type: none">1. Create awareness among I MBBS students about the importance of Self Defence2. Cultivate Practical Skills and Resilience Through Hands-On Self-Defense Training


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Detailed report of the program

On April 24, 2024, the Internal Complaints Committee (ICC) orchestrated an empowering event titled "SCRUBS & STRIKES: A SELF DEFENCE FOR MEDICAL STUDENTS" from 1:30 to 3:15 PM in Lecture Hall I. The distinguished guest speaker and trainer, Dr. Mythri Jain, renowned for her expertise as a Blue Belt Trainer in Kung Fu, Consultant Physiotherapist, and Instructor of Self Defence at SIMATS, spearheaded the session.

The event commenced with the stirring rendition of the 'Thamizh Thaaivaazhthu', setting a patriotic and invigorating tone. Dr. Sangeetha, a distinguished Professor from the Department of Physiology and esteemed member of the ICC, delivered a warm welcome address, extending gratitude to all attendees. Following this, Dr. Vani, a respected Professor from the Department of Anatomy, eloquently introduced Dr. Jain to the eager audience. Dr. Jain captivated the attendees with a poignant discourse on the paramount importance of self-defense in the context of medical education and practice. Her insights resonated deeply with the audience, laying a solid foundation for the interactive training session that ensued.

During the interactive session, Dr. Jain, alongside her team of trainers, meticulously imparted various self-defense methodologies to the enthralled students. Through hands-on demonstrations and engaging exercises, the students were equipped with practical skills to safeguard themselves in challenging situations.

The palpable enthusiasm and receptiveness exhibited by the students underscored the success of the session. Their positive feedback highlighted the immense value they derived from the training, affirming its relevance and utility in their personal and professional lives.

As the event drew to a close, expressions of gratitude were extended through a heartfelt vote of thanks, acknowledging the contributions of all involved. The resonant strains of the National anthem reverberated through the hall, symbolizing unity and pride.

Feedback from the students reiterated the session's efficacy and their newfound confidence in self-defense techniques. The guest trainers commended the audience for their keen interest and eagerness to learn, affirming the event's significance in fostering a culture of safety and empowerment among medical students.


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TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

TMCH/ICC/2024/09

Date: 23.04.2024

From
Dr. S.Subamalani
Associate Professor
Department of Physiology,
Convenor of ICC
Tagore Medical College & Hospital,
Chennai.

To
The Dean
Tagore Medical College and Hospital
Rathinamangalam
Chennai.

Respected Sir,

Sub: Self-defense awareness program for I MBBS 2023-2024 Batch - Reg.

The Internal complaints committee is planning to conduct a self-defense training program "SCRUBS & STRIKES: A SELF DEFENCE FOR MEDICAL STUDENTS" for the I MBBS students on 24/04/2024 1.30-3.15 pm in Lecture Hall I. The speaker and the trainer is Dr. Mythri Jain, Blue Belt Trainer – Kung Fu, Consultant Physiotherapist and Instructor of Self Defence in Saveetha University. I request you to grant permission for the students to attend this program.

Thanking you,

S. Subamalani
Yours sincerely,

(Dr. S.SUBAMALANI)

Copy to:

HOD'S Anatomy, Physiology, Biochemistry
Vice principal
Phase I academic coordinator
IQAC

Dr.
23/4/24

DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

TMCH/ICC/ 2024/08

Date: 23.04.2024

From

Dr. S.Subamalani
Associate Professor
Department of Physiology,
Convenor of ICC
Tagore Medical College & Hospital,
Chennai.

To

The Dean
Tagore Medical College and Hospital
Rathinamangalam
Chennai.

Respected Sir,

Sub: Self-defense awareness program for I MBBS 2023-2024 Batch - Reg.

The Internal complaints committee is planning to conduct a self defense training program "SCRUBS & STRIKES: A SELF DEFENCE FOR MEDICAL STUDENTS" for the I MBBS students on 24/04/2024 1.30-3.15 pm in Lecture Hall I. The speaker and the trainer is Dr. Mythri Jain, Blue Belt Trainer – Kung Fu, Consultant Physiotherapist and Instructor of Self Defence in Saveetha University. I request you to grant permission for the students to attend this program.

We request that the following arrangements be made for the same.

1. Banner – 1
2. Memento – 1
3. Certificate – 1
4. Honorarium for speaker – Rs. 3000/-
5. Transport for the speaker
6. IT dept – Technical arrangements for the event
7. Photographer – to document the event

Thanking you,

Copy to:

- Stores
- IT dept
- EB dept
- Accounts dept
- Transport dept

S. Subamalani
Yours sincerely,
Convenor
ICC

Forwarded to Dean

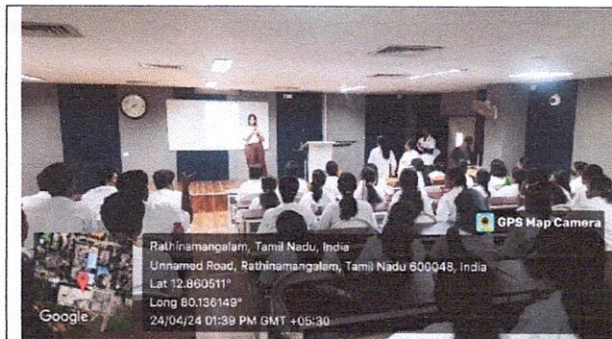


23/4/24

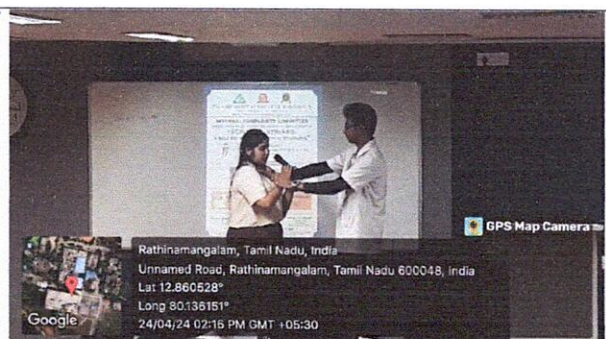
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Photos



Lecture on self defence – Dr Mythri Jain



Workshop self defence – Dr Mythri Jain



IMBBS Attending program



Speaker - Dr Mythri Jain

Photos



*Felicitation – by ICC Convenor –
Dr. S. Subamalani*



ICC Members with the speaker

Signature
DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
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CHENNAI-600 127.



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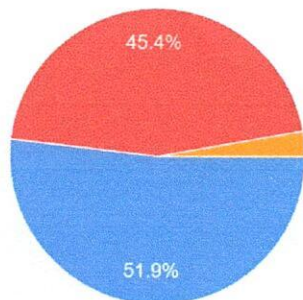
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I understood the skills taught by the speaker easily

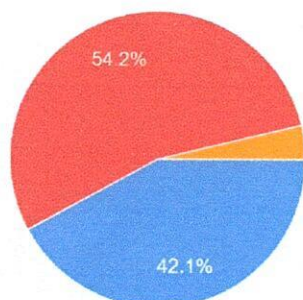
108 responses



- Strongly agree
- Agree
- Neutral
- Disagree
- Strongly disagree

The program was well organized by the Internal Complaints Committee

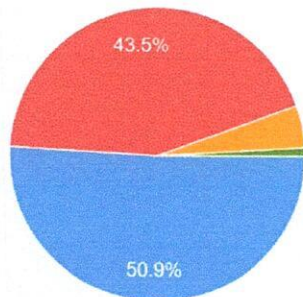
107 responses



- Strongly agree
- Agree
- Neutral
- Disagree
- Strongly disagree

I wish the Internal Complaints Committee conducts more such events in the future

108 responses



- Strongly agree
- Agree
- Neutral
- Disagree
- Strongly disagree

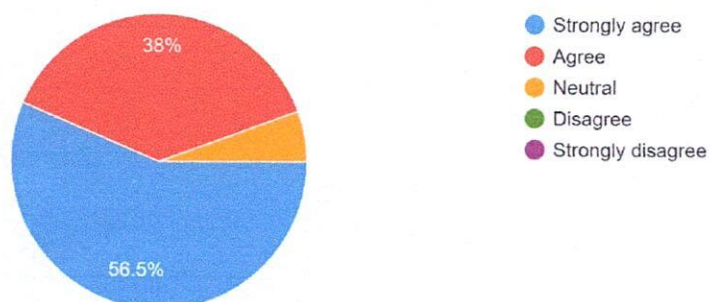

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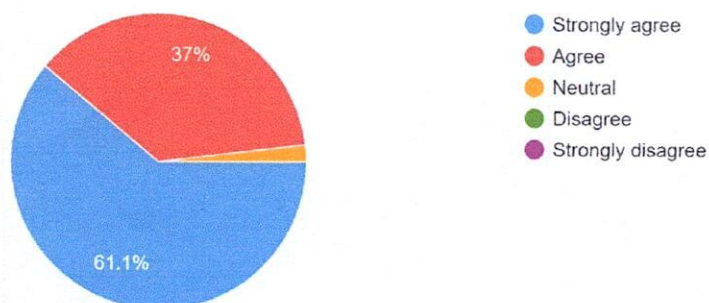
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FEEDBACK ANALYSIS

The program was very useful for the students
108 responses



The speaker was well prepared and thorough about her topic
108 responses



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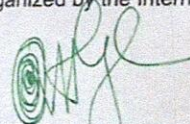
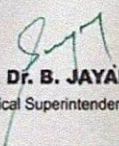

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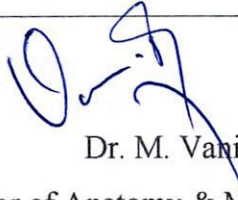

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Certificates

  		
TAGORE MEDICAL COLLEGE & HOSPITAL (Affiliated to the Tamil Nadu Dr. M.G.R. Medical University) Vandalur - Kelambakkam Road, Rathinamangalam, Chennai - 600127.		
INTERNAL COMPLAINTS COMMITTEE		
Certificate of Appreciation		
This is to certify that Dr. MYTHRI JAIN Blue Belt Trainer – Kung Fu, Consultant Physiotherapist, Instructor of Self Defence in Saveetha University has been Guest Speaker & Trainer at the programme on "SCRUBS & STRIKES: A SELF DEFENCE FOR MEDICAL STUDENTS" organized by the Internal Complaints Committee, Tagore Medical College and Hospital, Chennai, on 24-04-2024.		
 Prof. Dr. D.H. GOPALAN Vice Principal, IQAC Coordinator, TMCH	 Prof. Dr. B. JAYAKUMAR Medical Superintendent, TMCH	 Prof. Dr. J. MUTHUKUMARAN Dean, TMCH

 Dr. M. Vani Professor of Anatomy & Member of ICC	
Organising Secretary	Head of the Institution


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Chennai-600 127.

**Scrubs & Strikes: A self defence for Medical students 24.04.2024,
1.30-3.15 PM**

S.No	Roll No	Name of the student	Student Signature
1	1748	AADITYAKRISHNA V	V Aadityakrishna
2	1749	AISHWARYA KRISHNA	A
3	1750	AISHWARYA M	Aishwarya M
4	1751	AJITHA A	Ajitha A
5	1752	AJITHA S	Ajitha S
6	1753	AKSHAYA E	Akshaya E
7	1754	ALBERT ROGER WILLIAM L	Albert Roger William L
8	1755	ANIRUDH BALAJI	Anirudh Balaji
9	1756	ANISH G	Anish G
10	1757	ANISHA B	Anisha B
11	1758	ANISHA J S	Anisha J S
12	1759	ANSHIKA GUPTA	Anshika Gupta
13	1760	ANU PRIYA B	Anu Priya B
14	1761	ARISH C	Arish C
15	1762	ARUL KUMAR YUVA SHREE	Arul Kumar Yuva Shree
16	1763	ARUL VYSREVYA P	P. Arul Vysrevya
17	1764	ASHISHA A	Ashisha A
18	1765	ATCHAYA K	K. Atchaya
19	1766	AVANTIKA P	Avantika P
20	1767	BALAJI L	L. Balaji
21	1768	BALAJI N	N. Balaji
22	1769	BANU PREETHA S	Banu Preetha S
23	1770	BARATH KUMAR B	B. Barath Kumar
24	1771	BASIL RAHMAN S A	Basil Rahman
25	1772	BELINDA S	Belinda S
26	1773	BHARATH D	Bharath D
27	1774	BHAVANI R	Bhavani R
28	1775	BHERSHIENA S	Bhershiena S
29	1776	BHUVANESHWAR T	T. Bhuvaneshwar

92	1839	PAVITHRAA S	(A)
93	1840	POOJA SRI A S	S. Pooja
94	1841	POOJA SRI R	P. Pooja
95	1842	PRABHASH B M	Prabha
96	1843	PRADEEP S K	Pradeep
97	1844	PRASHANTH SIVAKUMAR	Prashanth
98	1845	PREETHI V	Preethi
99	1846	PRISHA JUSTIN	Prisha Justin
100	1847	PRIYANK SREE K	Priyank
101	1848	PUGAZHINI R	Pugazhini R
102	1849	RAASHID IBRAHIM	Raashid
103	1850	RAHAV SARAVANAN	Rahav
104	1851	RAJAT KEVIN RAJAN	Rajat Kevin
105	1852	RAMAKRISHNAN V	Ramakrishnan
106	1853	REENA N	Reena
107	1854	RISHWIN A R	Rishwin
108	1855	ROHIT KUMAR S	S. Rohit
109	1856	RONIKANTH P	(A)
110	1857	SABARI D	Sabari
111	1858	SAI AAKASH R S	Sai Akash
112	1859	SAKTHIVEL S	S. Sakthivel
113	1860	SANTHOSH S	(A)
114	1861	SARANYA B	Saranya
115	1862	SATHISH KUMAR S	Sathish Kumar
116	1863	SATHYAGEETHA LILACANATHAN	Sathyageetha
117	1864	SHALINI T	T. Shalini
118	1865	SHIVAKANTH C	Shivakanth
119	1866	SHRAYANTHY HARISH	Shrayanthi
120	1867	SHREYA K	K. Shreya
121	1868	SHREYA SHRIRAM	Shreya
122	1869	SHRINITHI V	V. Shrinithi

123	1870	SHRINITHI VYAS S	<u>Vyas</u>
124	1871	SIDHARDHAN A	<u>Sid</u>
125	1872	SIDHARTHAN R K	<u>RK. Sid</u>
126	1873	SIVAKAMI.A	<u>Siva</u>
127	1874	SIVASUBRAMANIAN C	<u>Sivasubramanian C</u>
128	1875	SOWGANDHIKAA C S	<u>Sowgandhi</u>
129	1876	SOWMI R	<u>Sowmi</u>
130	1877	SRINATH C T M	<u>Srinath</u>
131	1878	SRINIDHI G	<u>Srinidhi</u>
132	1879	SRUTHIKA S	<u>Sruthika</u>
133	1880	SWETHA K	<u>Swetha</u>
134	1881	TAMIL KUMAR V	<u>Tamilkumar</u>
135	1882	TARUNI TRILOKKIA V S	<u>Tarunilokkia</u>
136	1883	TEJAS RAJEEV GANGADHARAN	<u>Tejas Rajeev</u>
137	1884	THARUN P	<u>Tharun</u>
138	1885	THATCHINAMOORTHY G R	<u>Thatchinamoorthy</u>
139	1886	THIYAGU V	<u>Thiyagu</u>
140	1887	TIANA JAISHITH	<u>Tiana Jaishith</u>
141	1888	VAIGUNTH THULASIRAM A	<u>Vaigunth Thulasiram</u>
142	1889	VALLI VAISHNAVI P	<u>Valli</u>
143	1890	VARSHIKA R	<u>Varshika</u>
144	1891	VIGNESHWARAN V	<u>Vigneshwaran</u>
145	1892	VISHNUCHARAN V	<u>Vishnu</u>
146	1893	YASWANTH V	<u>Yaswanth</u>
147	1894	YASWIN P	<u>Yaswin</u>
148	1895	YUKESH D	<u>Yukesh</u>
149	1896	YUNITHA S	<u>Yunita</u>
150	1897	YUVASHREE B	<u>Yuvashree</u>

DEAN
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TAGORE MEDICAL COLLEGE & HOSPITAL

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(Affiliated to the Tamil Nadu Dr.MGR Medical University & Recognized by the Ministry of Health & Family welfare. Govt. of India New Delhi)

INTERNAL COMPLAINTS COMMITTEE

Event Report

“SENSITIZATION PROGRAM ABOUT GUIDELINESS, RULES & REGULATIONS FOR PREVENTION & PROHIBITION OF RAGGING”

Date: 09.02.2024

Time: 12.00 – 12.30 PM

Venue: Lecture Hall I

The Internal Complaints Committee (ICC), Tagore Medical College and Hospital, conducted Sensitization Program About Guidelines, Rules & Regulations for Prevention & Prohibition of Ragging on February 9th, 2024, from 12.00 – 12.30 pm in lecture hall I for I MBBS 2023-2024 batch students.

- The event started with the introduction of the speaker by Dr. S.Subamalani Associate Professor of Physiology & Convenor of ICC
- Dr. Prem Kumar Associate Professor, Department of Psychiatry, Convenor and Head of Anti-ragging committee, Member of Internal complaints Committee sensitized the first year MBBS students about the about Guidelines, Rules & Regulations for Prevention & Prohibition of Ragging.
- He started his speech with History of Ragging, anti- ragging awareness, various preventive measures followed in our college.
- Punishments and measures for curbing ragging.
- How to approach committees for raising complaints.
- Also explained about the various committees available and the head of the committee.
- He also gave a brief note law and amendments to prevent ragging.
- The event ended with the vote of thanks by Dr. Vani M Professor of Anatomy & member of ICC.

G3
10/2/24


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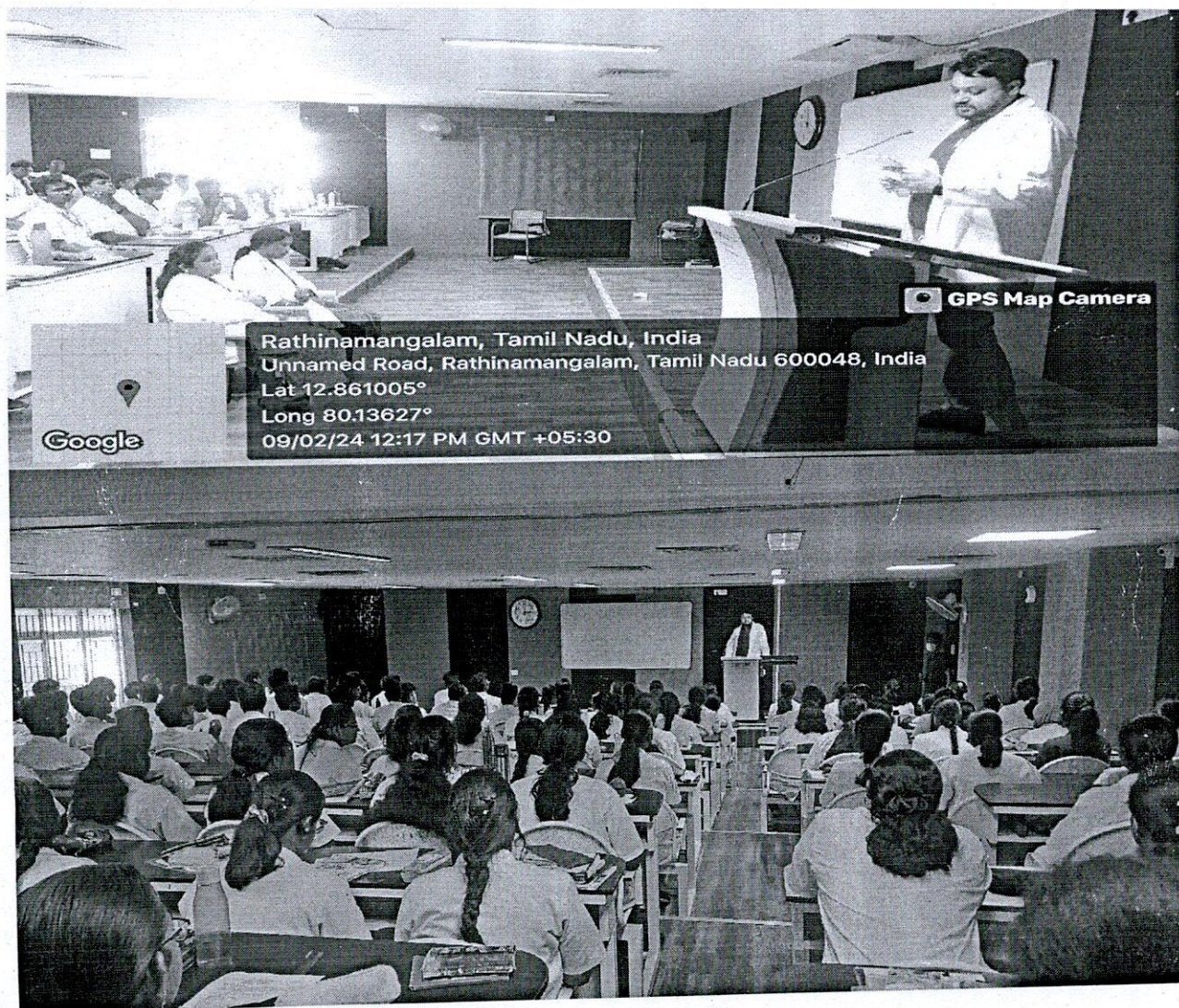
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S. Subashini

Convener, Internal Complaints Committee,
Associate Professor, Department of Physiology, TMCH

Thirumala
DEAN

TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

Ref No: TMCH/ ICC/2023/59

Date: 21.11.2023

From
Dr.R.Geetha
Professor
Department of Pharmacology,
Convenor of ICC
Tagore Medical College & Hospital,
Chennai.

To
The Dean
Tagore Medical College and Hospital
Rathinamangalam
Chennai.

Respected Sir,

Sub: Self defense awareness program - Reg.

The Internal complaints committee, Department of physical education & NSS unit are planning to conduct a self defense training program for the IInd and IIIrd MBBS girl students on 23/11/23 at 10.30 – 12 pm in the third floor auditorium. I request you to grant permission for the students to attend this program.

Thanking you,

Yours sincerely
(Dr. R. Geetha MD)

PROFESSOR

DEPARTMENT OF PHARMACOLOGY
TAGORE MEDICAL COLLEGE & HOSPITAL
Rathinamangalam, Chennai-600 127.

Copy to:

Medical superintendent
Vice principal
Phase III part I academic coordinator

DEAN

TAGORE MEDICAL COLLEGE & HOSPITAL
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To
The Course Coordinator
B3
21/11/23



TAGORE

MEDICAL COLLEGE & HOSPITAL

Rathinamangalam, Chennai-600127



DEPARTMENT OF PHYSICAL EDUCATION & SPORTS NSS UNIT & INTERNAL COMPLAINTS COMMITTEE

Jointly organizing

GIRLS SELF DEFENCE AWARENESS PROGRAM

Date : 23/11/2023 Time : 10.30 AM

Venue : College Auditorium

BY TRAINERS

M.R.Deepika, NIS,

International Medalist & Indian Army Coach
Karate & Judo black belt
Blitz combat & fitness academy

M.Sruthi,

National Medalist
Karate black belt
Blitz combat & fitness academy

GUESTS OF HONOUR

Prof. Dr. M. MALA, M.A., M.Phil., Ph.D.,

Chairperson & Managing Trustee,
Tagore Educational Trust

Mr.G.Manikandan

Secretary
Tagore Educational Trust

Prof.Dr.J.Muthukumaran,

MBBS.,DLO.,MS.,M.Ch.,FIAGES.,FICS.,
Dean, TMCH

Prof.Dr.B.Jayakumar, M.S.,

MEDICAL SUPERINTENDENT, TMCH

Prof.Dr.R.Geetha,

Dept of Pharmacology
ICC Convener, TMCH

Mr.K.Deepak Kumar,

Director of Physical Education,
TMCH

Mr.S.Rajkumar

Physical Education Director,
TCN.

We cordially invite you All

[Signature]

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INTERNAL COMPLAINTS COMMITTEE, DEPARTMENT OF PHYSICAL EDUCATION & SPORTS AND NSS UNIT

JOINTLY ORGANISED

GIRLS SELF DEFENCE AWARENESS PROGRAM

DATE: 23/11/2023

TIME: 10.30 AM

VENUE: COLLEGE AUDITOROUM

- The Internal Complaints Committee (ICC), Department of Physical Education & Sports and NSS Unit jointly organized “**GIRLS SELF DEFENCE AWARENESS PROGRAM**” on 23/11/2023 at 10.30 Am in the College Auditorium for the IInd and IIIrd MBBS Girl students.
- The event began with the ‘Thamizh Thaaivaazhthu’, followed by a welcome address by IIIrd year MBBS student, Suchanthika, member of ICC.
- Ms. M.R.Deepika and Ms. M.Sruthi from Blitz combat and fitness academy were the guests for the program. Both were black belt holders in karate.
- Both the trainers taught the students various self defence methods. The whole session was well-received by the students
- The event ended with the vote of thanks by Prefinal student Suchanthika and the National anthem.
- Feedback was taken from students. Students stated that the session was very useful for them.
- The guest trainers found the audience interested and enthusiastic in learning defence techniques.

Prof Dr R. GEETHA, MD, ACME
Convener, Internal Complaints Committee,
Professor, Department of Pharmacology, TMCH

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INAUGURATION OF THE PROGRAM

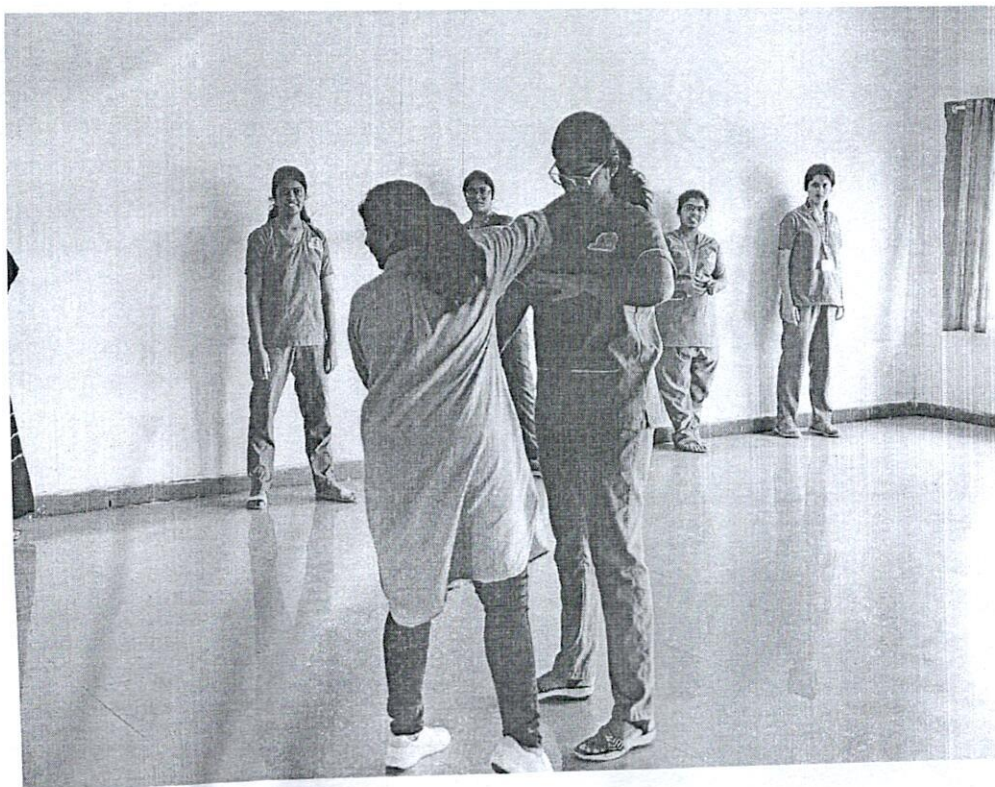
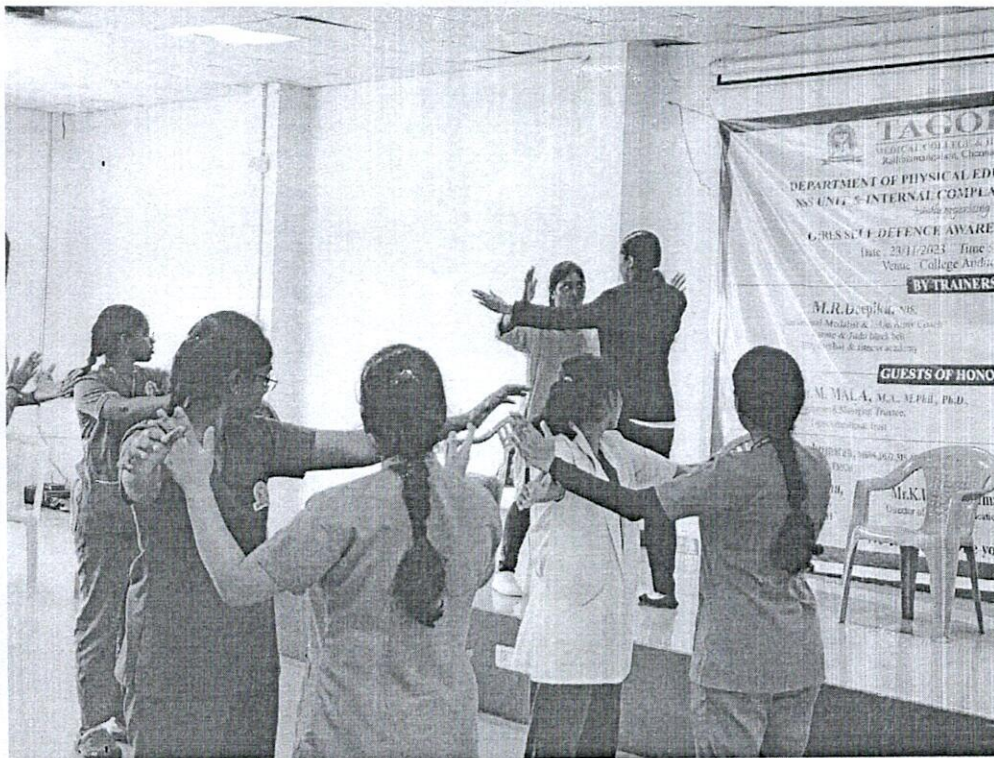


TRAINING OF THE STUDENTS

[Signature]

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Immanu
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